



#FullPhysiology

In Daily Practice

The additional value of invasive diagnosis over non- invasive diagnostic workflow

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Remember ... we are talking about ANOCA !!!

- Our journey makes sense if the patient has symptoms
- We are talking about ANOCA (no INOCA)
- Patient must have ANGINA or equivalent symptoms
- Our goal is to control symptoms and improve the quality of life



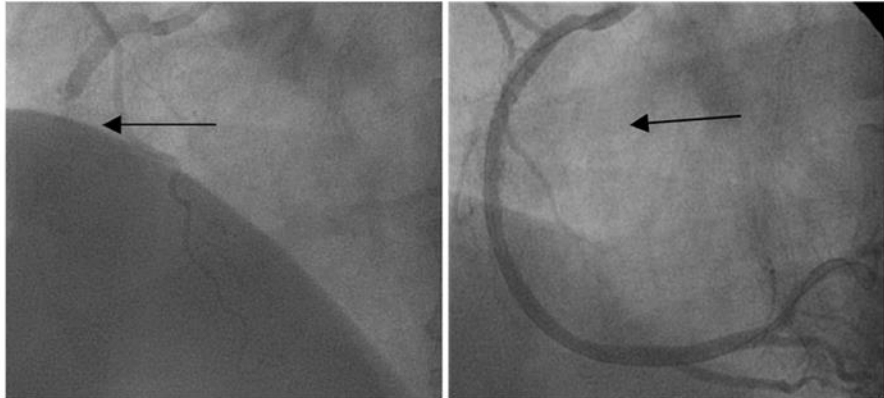
Skeletons in the closet



Patient with Angina

No obstructive CAD

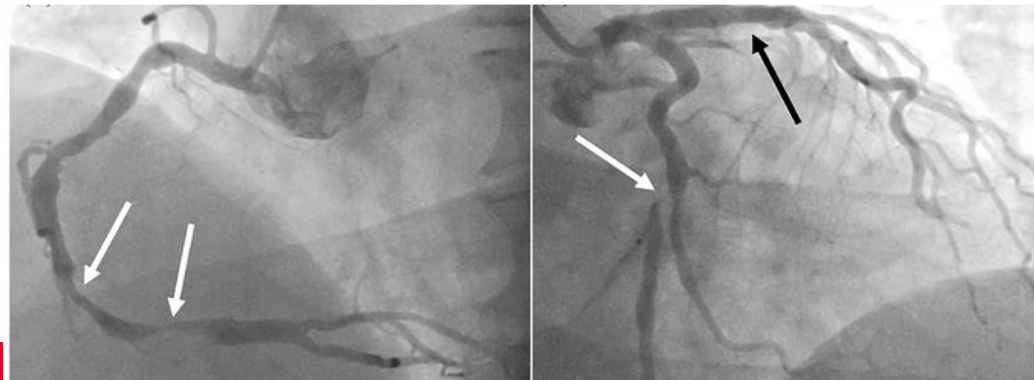
"Don't worry, you has nothing!!!"



Patient with Angina after successful PCI

No obstructive CAD

"Don't worry, the stent works well!!!"



Patient with MI

Non culprit lesions

"This lesion yes, this lesion not..."



Skeletons in the closet




***I can perform the right
diagnosis and treatment
without invasive test
(without #FullPhysio)***



Why this strange title ...

1

Invasive Endotyping in Patients With Angina and No Obstructive Coronary Artery Disease: A Randomized Controlled Trial

Novalia P. Sidik, Bethany Stanley, Robert Sykes, Andrew J. Morrow, Conor P. Bradley, Michael McDermott, Thomas J. Ford, Giles Roditi, Allister Hargreaves, David Stobo, Jacqueline Adams, John Byrne, Ahmed Mahrous, Robin Young, David Carrick, Ross McGeoch, David Corcoran, Ninian N. Lang, Robert Heggie, Olivia Wu, Margaret B. McEntegart, Alex McConnachie and Colin Berry 

2

Rethinking False Positive Exercise Electrocardiographic Stress Tests by Assessing Coronary Microvascular Function



Aish Sinha, MBBS, BSc, Utkarsh Dutta, MSc, Ozan M. Demir, PhD, MBBS, MSc, Kalpa De Silva, PhD, MBBS, Howard Ellis, BSc, Samuel Belford, BSc, Mark Ogden, BSc, Matthew Li Kam Wa, MBBS, BSc, Holly P. Morgan, MBBS, BSc, Ajay M. Shah, MD, MBBS, Amedeo Chiribiri, PhD, MBBS, Andrew J. Webb, PhD, MBBS, Michael Marber, PhD, MBBS, Haseeb Rahman, PhD, BMBC_H, Divaka Perera, MD, MBBC_{HIR}



Invasive endotyping on top of coronary CT

Patients with angina undergoing coronary CT

Lack of obstructive CAD at coronary CT

Invasive endotyping (FFR, CFR, IMR, Achtest)

Randomization

INTERVENTION GROUP

Disclosure of the results of the invasive endotyping to patients and physicians

Medical treatment was tailored based on invasive endotyping

CONTROL GROUP

Nondisclosure of the results of the invasive endotyping to patients and physicians

Medical treatment was tailored based on medical history and noninvasive tests

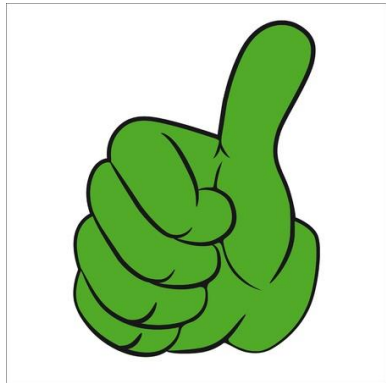


Invasive endotyping on top of coronary CT

Changes in diagnosis

**Vasomotor disorder
OR 4.05 (95%CI 2.32-7.24)**

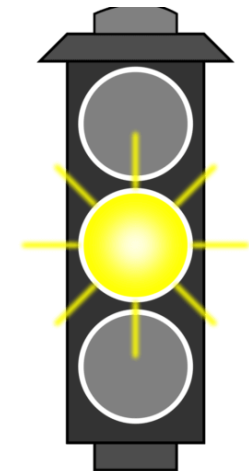
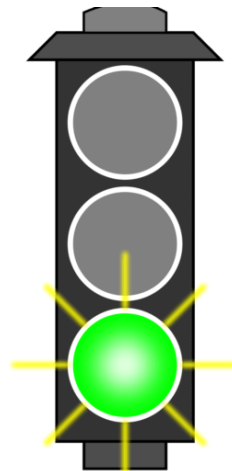
**Normal coronary function
From 51% to 23%**



Changes in outcomes

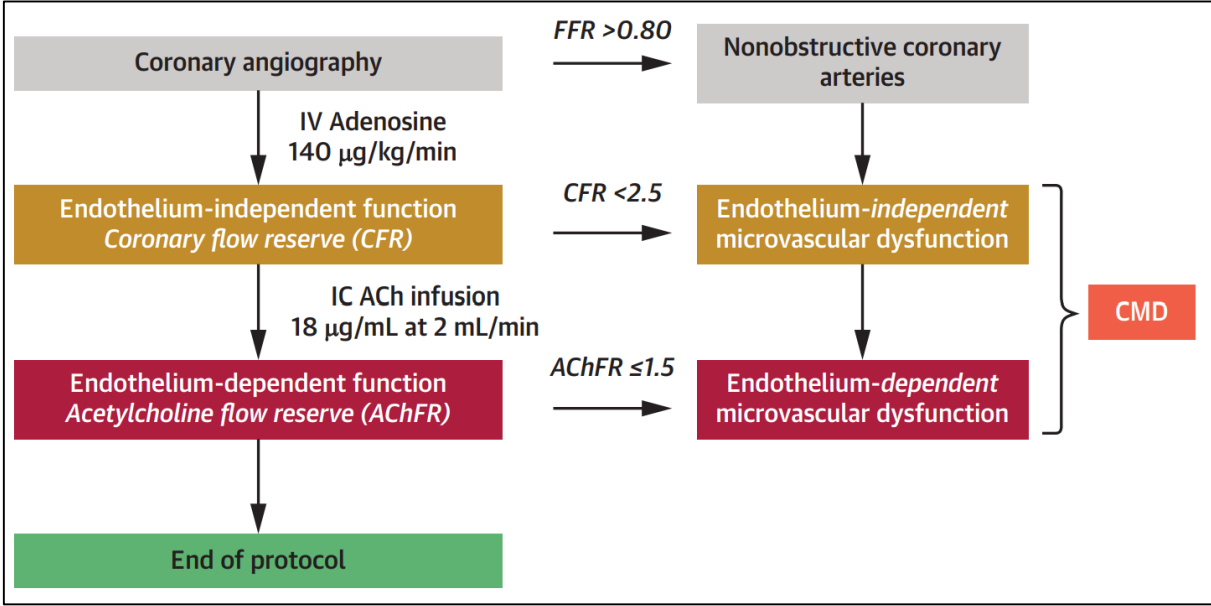
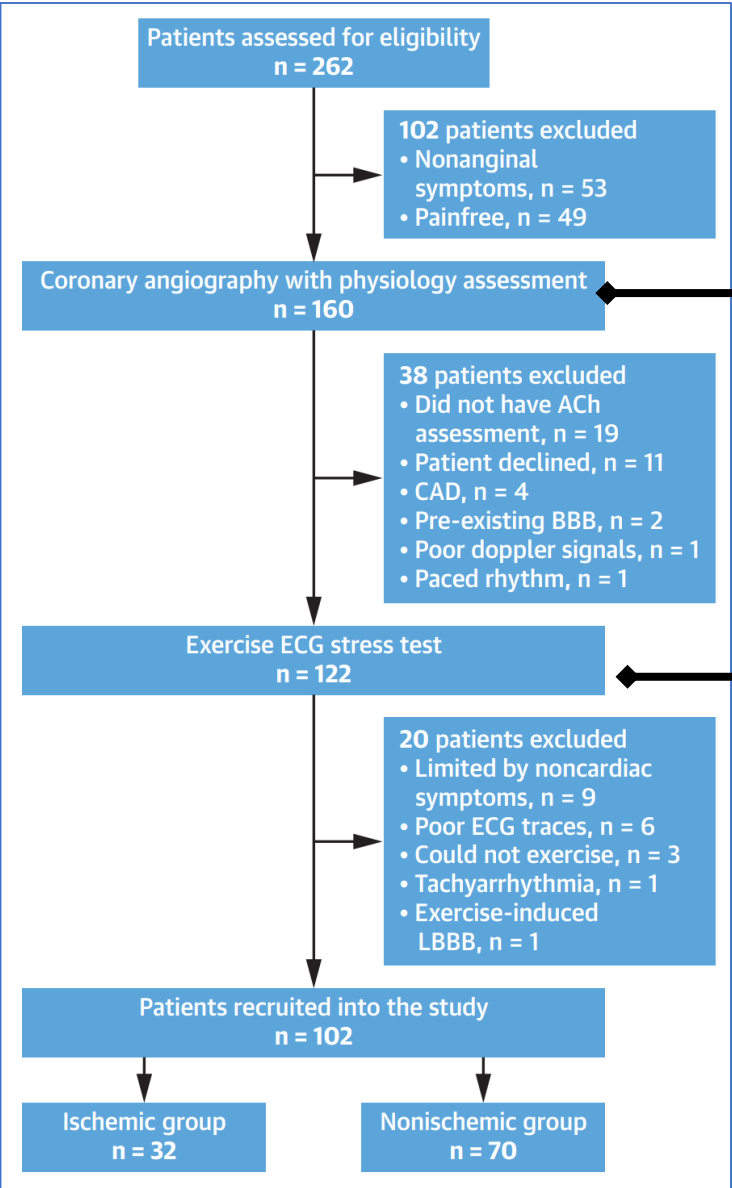
**Treatment satisfaction
61% vs 70%**

**No difference in the SAQ
summary score**





Exercise stress test and CMD



Ischemic group if during the EST the patient complains angina and ECG shows significant ischemic changes



Exercise stress test and CMD

TABLE 4 Diagnostic Accuracy of Ischemia During Exercise Electrocardiographic Stress Testing to Detect Coronary Microvascular Dysfunction

	Endothelium-Independent Microvascular Dysfunction (CFR <2.5)	Endothelium-Dependent Microvascular Dysfunction (AChFR ≤1.5)	CMD (CFR <2.5 and/or AChFR ≤1.5)
Sensitivity	40	44	41
Specificity	77	97	100
PPV	63	97	100
NPV	57	44	34

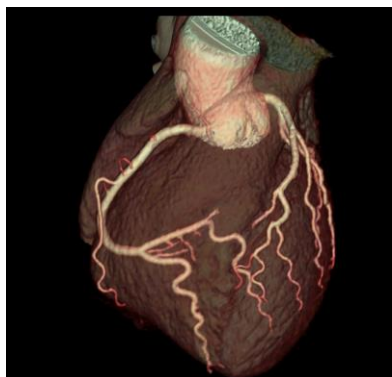
Values are %.

NPV = negative predictive value; PPV = positive predictive value; other abbreviations as in [Table 2](#).

**Positive (symptoms + ECG)
EST is suggestive of CMD**

Why we need invasive #FullPhysiology

**Patient with
ANGINA
(symptoms)**



**Non-obstructive
disease**



The patient has no disease

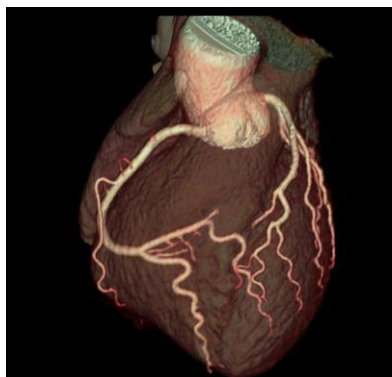
No further test

No medications

... The patient continues to complain symptoms and will search for a different opinion

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Suspected ANOCA

No further tests

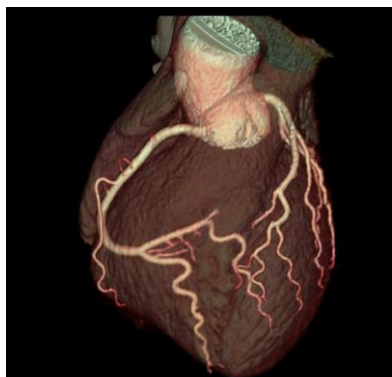
Tailored therapy based on personal feeling

... 45% probability to be wrong

... 20% probability to overtreat a patient with normal coronary function

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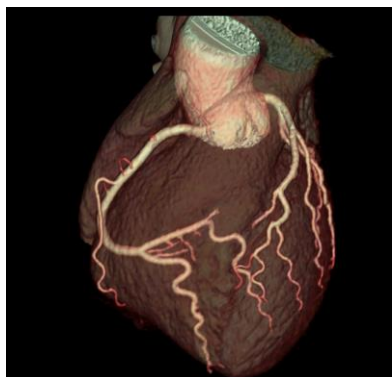
Noninvasive function test

If positive ... you cannot distinguish between structural/functional CMD or abnormal vasoreactivity

If negative ... you can miss the diagnosis

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Noninvasive function test

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If negative ... you can miss the diagnosis

4

#FullPhysiology is the only way to achieve right diagnosis and treatment



Why we need invasive #FullPhysiology

- The pathway coronary CT + EST is reliable in 35% of the cases
- #FullPhysiology changes clinical judgment in around 40% of the cases
- Without #FullPhysiology, are you able to motivate patients to be compliant with tailored medical therapies?
- Without #FullPhysiology, are you able to not prescribe medical therapy in patient with normal coronary function?



#Grazi

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